

Wade's Charity  
AT THE HEART OF LEEDS



<http://www.leedscombinedarts.org.uk>



Leeds  
Community  
Foundation



## Leeds Combined Arts Newsletter – Spring 2021

Dear All,

Welcome to the 'LCA Spring Newsletter 2021'.

We hope you enjoyed some of the events from the Playhouse and Opera North that were sent out by e-mail and were able to watch them on-line. We know it's simply not the same as being in the live theatre, but under the circumstances it has been all we have been able to offer over the last few months.

It has been a frustrating time for all of us at LCA with not being able to run the workshops we had planned from November onwards and having to move these further and further back. We have been fortunate that our funders have kindly agreed that we can re-start these as the lock-down eases and we now look forward to more positive times!

HEART will re-open on Monday 29<sup>th</sup> March and the café will also be open for take away drinks and snacks. Many of the events we had scheduled over December, January & February were not able to take place due to the lock-down restrictions and most of these have now been re-scheduled to take place over the Spring months along with some new events. Our workshops will re-commence from Tuesday 13 April; further details below.

At our AGM which finally took place on the 22<sup>nd</sup> December 2020 we had one vacancy on the committee, and we are pleased to say that this has been filled by artist and member Clive Rea. We also have a new auditor Richard Smith who will be auditing our accounts from this year. We still need a new Treasurer and are hoping this role will be filled this year, in the meantime Anna and Carol are completing the day-to-day transactions.

# POETRY & PROSE EVENINGS

**Wednesday 21<sup>st</sup> April 7.30 p.m. 'LCA Poetry, Prose Evening' HEART, Headingley.**

This evening we'll have an open mic event for all who wish to join in. Please feel free to bring along poetry, prose, short essays and stories. Entrance £3.50/£3.00 members & concessions. Please let us know in advance if you will be attending as numbers are restricted until May.

**Wednesday 19<sup>th</sup> May 7.30 p.m. 'LCA Poetry Evening' HEART, Headingley.**

Tonight's Poetry & Prose evening will be on a 'Nature' theme. All welcome to read, sing or play throughout the evening. Entrance £3.50/£3.00 members & concessions.



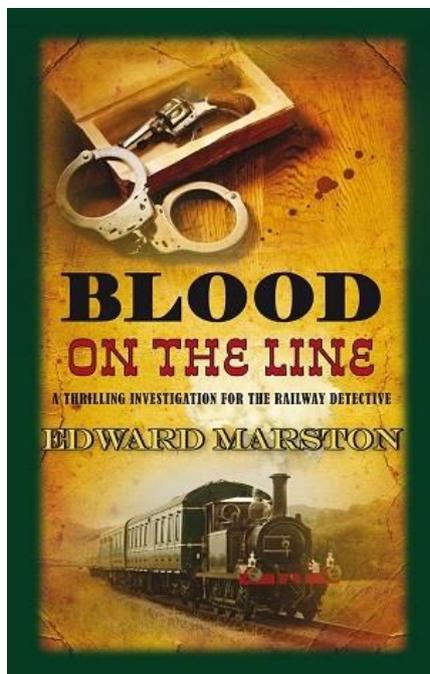
# LCA BOOK GROUP



Heart Centre, Headingley LS6 3HN.

Re-commences Monday 12<sup>th</sup> April 3.00 p.m. HEART, Headingley.

**'Blood on the Line' by Edward Marston.**



It's 1855 and on the Birmingham express train a criminal is being escorted to his appointment with the hangman. But the wily Jeremy Oxley, con-man, thief and murderer, has one last ace up his sleeve: a beautiful and ruthless accomplice willing to do anything to save her lover. Another puzzling case for the Railway Detective Robert Colbeck and his trusty deputy Victor Leeming, which will see them travelling across Britain and to New York in their attempts to capture their nemesis Oxley.

For further info see our website. Entrance £3.00. Social-distancing rules apply.

Book Group

Book Group



# THEATRE VISITS

Unfortunately, the theatres remain closed. Productions have now been moved to later this year (November) and some to 2022! We hope that with the restrictions being lifted on 21 June there will be some performances taking place over the summer/early Autumn and will bring news of these as soon as we know.

*Sibylle & Emma*



Theatre Visits

Theatre Visits



# WORKSHOPS

Workshops

Workshops

**Commencing Tuesday 13<sup>th</sup> April 2.00 p.m. – 3.30 p.m. ‘Drawing for Beginners’ HEART, Headingley.**

Join us with professional Artist Clive Rae for drawing classes for beginners and those who would like to improve. Clive would like to assure people that art needn't be difficult or complicated. He intends to start from the beginning with simple light and shadow exercises and work up to more ambitious projects eventually; making the session enjoyable by bringing a sense of humour into the proceeds. Entrance £3.00.

**Tuesday 18<sup>th</sup> May 1.30 - 3.00 Singing and Voice Workshops, Meanwood Institute, LS6 4LD.**

Join Carol for some voice and singing for pleasure workshops at Meanwood Institute as part of our Lifelines in the community project. Entrance £3.00



Previous workshops at Meanwood Institute

# DAY TRIPS & WEEKENDS AWAY

**Saturday 22nd May, Trip to Scarborough. Meet 9.00 a.m. Leeds Central Bus Station outside Greggs.**

Relax and join us for our first day trip of the year with Blue Sky Coaches as we head to Scarborough. A place to make memories and enjoy traditional seaside fun, local shops and eateries, beautiful gardens. This is just part of Scarborough's charm – as Britain's original seaside resort, holidays to Scarborough offer something for everyone with two picturesque beaches, numerous exciting attractions and a rich history that is just begging to be explored. Please book in advance all seats £15.00. Contact us on 07518 627109.



Pictures of Scarborough from a previous LCA trip.

# WALKS

Leeds Combined Arts provides monthly 'arts walks' which are designed to suit people who prefer a gentle steady walk of between two and six miles. These walks are at a gentle pace and are ideal for people who would like to become fitter and enjoy walking but would not be up to doing a longer walk at a faster pace. During the walk we usually incorporate some Poetry, Story-telling or music; and we sometimes include visits to a stately home or Art Gallery or other place of interest. Although these walks are of shorter length please consider your ability when attending any walk and always come equipped with appropriate clothing including waterproofs, walking boots and warm clothing.

*Participation on any Leeds Combined Arts walk is at the individual's own risk. For further information about any walk please contact the walk leader.*

Please note that with all walks social distancing rules apply, and all places must be pre-booked.

Thank you.



Picture from a previous LCA walk with Poetry around Collingham.

Our new programme commences on Thursday 1<sup>st</sup> April. Please see below for the walks over April and May. Please could you to let us know if you will be joining us on any of them so we can have an idea of numbers. Contact [carol@leedscombinedarts.org.uk](mailto:carol@leedscombinedarts.org.uk) or contact the walk leader direct.

**Thursday 1<sup>st</sup> April 12 Noon. Walk Meanwood & Headingley.**

Join Rob on Thursday 1st April for a 5.5 mile circular from Meanwood Park via Woodhouse Ridge, Meanwood Valley Farm and the site of the former Meanwood Park Hospital. Meet at 12 noon in Meanwood Park near the cafe (LS6 4LE, the internet tells me). There is a free car park almost adjacent to the cafe but the park has been very busy during lockdown and this car park is almost always full during the day. There can be parking in the roads leading to the park but it may take a while to find a space, which is fine if you come early enough to spend time looking for one. If you plan to arrive last minute it would be a better bet to park on the road on the other side of the park (Hollin Drive, LS16 5NE). This is just 2 minutes' walk across the park to the rendezvous at the cafe. For those travelling on public transport the bus 51/52 from Albion Street; 51 goes nearer to the park. The cafe in the park is excellent and has been offering take-away hot drinks and light refreshments throughout the latest lockdown. I suggest we stop there at the end of the walk. Unfortunately, there are no public toilets available at the cafe or in the park during the current restrictions. I believe nearby Waitrose (a bit more than 5 mins walk away) has some. Some paths may be muddy but are on the whole well maintained. Wear suitable gear and bring a packed lunch. The theme for poetry/song will be "Something humorous" (it's 1st April). Please pre-book your place by contacting [carol@leedscombinedarts.org.uk](mailto:carol@leedscombinedarts.org.uk) as numbers are still restricted. Contact Rob for further information on 0113 2164492 / 07421043614.

**Sunday 25<sup>th</sup> 11.30 a.m. April Walk with Richard B. Around Norwood Edge Plantation.**

Join Richard for a 4.5 to 5-mile walk through Norwood Edge Plantation, Lindley Moor and part of north eastern shore of Lindley Wood Reservoir, all some 5kms (or 3miles) north of Otley. We will also be seeing the unusual Hunter's Stones.

Meet in the free car park of Warren Plantation just off the B6451. This car park is about half a mile uphill north of Lindley Wood reservoir. Please bring pack lunch as usual and poetry on the theme of 'sky' and 'clouds' (should you wish to read). Contact Richard B on 0113 234 7688 (or the LCA Mobile on 07518 627109) for further info. Please book your place by contacting [carol@leedscombinedarts.org.uk](mailto:carol@leedscombinedarts.org.uk)

**Monday 3 May Bank Holiday 1.00 p.m. Afternoon Stroll & Picnic around Temple Newsam.** Join us for a social afternoon and stroll around the grounds of Temple Newsam with picnic. Please bring a packed lunch and/or food & drink to share. Meet at the Brown Cow Whitkirk at 1.30 p.m. For those travelling by public transport the no 19 bus from York Street, Leeds (stop F3) will take you to the Brown Cow. For those travelling by public transport there is plenty of on-street parking nearby. Poems on Spring, Nature and other themes welcome. Please pre-book your place by contacting [carol@leedscombinedarts.org.uk](mailto:carol@leedscombinedarts.org.uk)

If you have experience with leading walks and would be interested in leading one as part of our monthly walks programme; typically, around 4 – 6 miles, or you have an idea of a walk you would like us to include, please get in touch via [carol@leedscombinedarts.org.uk](mailto:carol@leedscombinedarts.org.uk)



Picture from a previous walk around Temple Newsam.





**Mind, Body,  
Spirit** Part of  
Leeds Combined Arts

## EVENTS/TALKS/WORKSHOPS

(All take place at The HEART Centre, Bennett Road, Headingley LS6 3HN)

Our Mind, Body, Spirit Evenings will resume in April 2021 with the following events:

**Wednesday 28th April 7.30 p.m. HEART, Headingley.**

Join us with Janine Griffiths Editor of the Akashic Times for an update on recent events and what we can all expect in the future. Don't miss this talk! Entrance £4/£3.00 members and concessions.

**Wednesday 26<sup>th</sup> May 7.30 p.m.**

**Mind, Body, Spirit evening – Qi Gong with Mark Tarver.**

Join Mark for a taster session in Qi Gong which continues in Hyde Park on Sunday afternoons. The Greeks called it *pneuma*, Reich called it *orgone energy*, the Navajo call it *nilch'i*, the Sioux call it *waniya*, the Indian yogis call it *prana* and the Hawaiian healers, the Kahuna, call it *ha*. In China it is called '*qi*', and it translates roughly to 'life force' and 'energy'. Qigong, which we are learning in Leeds parks on the weekend, translates to two words, '*qi*' - life force, energy and '*gong*', work, exercise. Entrance £4.00/£3.00 members and concessions.

It is with sadness that we report the loss of one of our members, Eric Eddison. More commonly known to members as Eddie, he passed away in January this year after a long-term illness. Eddie very-much enjoyed the theatre visits programme and occasional walks.

He has kindly donated a small amount of money to the LCA theatre visits fund to be used for any member who might benefit in the future when theatre trips become possible again to assist with the cost of tickets.

His wife Christine and LCA have also donated a similar amount.

If you know of anyone who might benefit from this fund in future, please e-mail [sibylle@leedscombinedarts.org.uk](mailto:sibylle@leedscombinedarts.org.uk)

## Membership Fees

Please note that membership fees are due for renewal on 1<sup>st</sup> May. At the AGM back in December it was voted that we keep the annual fees the same so there will be no increase this year. If you would like to renew please send a cheque for £9.00 full £8.00 concessions made payable to 'Leeds Combined Arts' to us at Leeds Combined Arts, HEART Centre, Bennett Road, Headingley LS6 3HN.

## SOCIAL MEDIA

Don't forget to keep in touch with us on social edia!



Social Media

Social Media

**Disclaimer: Leeds Combined Arts reserves the right to alter, cancel or amend an event when circumstances arise beyond their control. However, where an event has to be cancelled or changed this will always be advertised on the website. Participation in any event included in this newsletter is undertaken at the individual's own risk.**