

Wade's Charity
AT THE HEART OF LEEDS



<http://www.leedscombinedarts.org.uk>



Leeds
Community
Foundation



Leeds Combined Arts Newsletter – Autumn 2020

Dear All,

Welcome to the 'LCA Autumn Newsletter'. We would like to extend a warm welcome to some of the newer members who have joined us recently and we look forward to meeting you soon. Although at times it has been difficult this year to run events with the lock-down period and rules over social distancing; we have done our best to keep as many events running as possible and will continue to do so. Our walks programme continues to be popular and we are maintaining the social distancing rules of 1 metre apart. There may be times when we have to split into 2 groups depending on the numbers we get. If you would like to attend one of the walks, please remember to book by e-mailing the organiser of the beforehand. Full details are below under the 'walks' section.

There has been one recent change in our committee. Treasurer Martin Mchale has decided to take full retirement and will be leaving us at the end of September. We would like to thank Martin for all the hard work he has done for us over the past 3 years and wish him all the best in future. A new Treasurer will be introduced in the Winter Newsletter.

We hope you enjoy attending many of the events we have on offer.

All the best from the LCA Committee.

DAY TRIPS & WEEKENDS AWAY

Thursday 17th September 9.00 a.m. Trip to Guisborough & Saltburn by the Sea.

Guisborough: Guisborough is a market town and civil parish in North Yorkshire, England. Guisborough market is held every Thursday and Saturday, has long been a focal point for the surrounding area. It is open from early morning to late afternoon on the recently-restored cobbles of Westgate, the principal shopping street. Guisborough Museum, behind Westgate's Sunnyfield House, exhibits photos of Guisborough's history and inhabitants. There is a working watermill at Tockett's Mill.

Saltburn by the Sea: has maintained much of its original charm as a Victorian seaside resort including its pier, the colourful Italian Gardens and walks through Riftswood. Saltburn has the oldest water balanced cliff tramway in Britain that is still in operation, linking the town with the pier 120 feet below.

To book for this trip please send a cheque for £15.00 made payable to 'Leeds Combined Arts theatre Group' to us at Leeds Combined Arts, HEART Centre, Bennett Road, Headingley LS6 3HN. We will acknowledge receipt of payment by e-mail and send further details nearer the time.



A day trip to Whitby - August 2020

POETRY & LITERATURE EVENTS

Wednesday 16 September 7.30 p.m. HEART, Headingley Poetry with Peter White & Half Moon Books.

Half Moon Books, based in Otley, have encouraged and assisted dozens of local poets to get their work into print. This evening, two of Half Moon's directors will be presenting their own work before inviting the audience to join in the fun with an open mic. In a former life as a design engineer, Peter R White used to write precise specifications and contract documents. Since retiring he gained a BA in Literature with the Open University, and was reborn as a writer of ambiguities and downright lies in the name of art. His poems have won prizes and have appeared in ten anthologies to date, and in his pamphlet, *Ways to Wander* (OWF Press, 2105). He is currently putting together a new collection. Rosalind York's work has won prizes in a number of competitions including the Guernsey International and been collected in anthologies by Other Poetry, OWF Press, Word Club with *Transforming with Poetry*, and the University of Huddersfield with *Grist*. Her pamphlet, *The Flank of a Fish*, was published by OWF Press in 2015 and her collection, *The Taste of Red* came out from Half Moon in 2020. Entrance £3.50/£3.00 members and concessions. Pay on the door.

LCA Poetry Evening Wednesday October 21st 7.30 p.m. With Mark Connors.

Mark Connors is an award-winning poet and novelist from Leeds, UK. Mark has had over 170 poems published in magazines, anthologies and webzines. His debut poetry pamphlet, *Life is a Long Song* was published by OWF Press in 2015. His first full length collection, *'Nothing is Meant to be Broken'* was published by Stairwell Books in 2017. His second poetry collection, *Optics*, was published in 2019 by YAFFLE. His novels, *Stickleback* and *Tom Tit and the Maniacs*, were published in 2016 and 2018. Mark is also a compere, a literary facilitator and a managing editor at YAFFLE. Mark will be reading a selection. There will be an 'open mic' session in the second half of the evening, all who wish are welcome to contribute. Entrance £3.50/£3.00 members and concessions. Pay on the door.

Wednesday 7th October 7.30 p.m. Special Literary Event. Tolkien in Leeds Centenary with Claire Rae Randall. HEART, Bennett Road, Headingley LS6 3HN.

JRR Tolkien started his academic career as a Reader in English Language at Leeds University in October 1920, exactly one hundred years ago. It is well understood how the landscapes he knew through his life contributed to those he described in his sub-creation of Middle-earth, from the rural idyll of the Sarehole he knew as a child which influenced his vision of The Shire, to the analogue of the trenches and No-Man's Land in the Great War that he represented as the Dead Marshes, but his time in Leeds is often overlooked as an influence on his imagination. And yet there are numerous tantalising parallels between landscapes he knew in and around Leeds and some of those he described in The Lord of the Rings.

This lecture will demonstrate these parallels with readings of the descriptive passages in Tolkien's works and photographic landscape evidence. For the student of Middle-earth locations and events such as Ithilien, Woody End, the Party Tree, The Wapentake at Edoras, even Lothlorien and the mysterious Amon Rudh from Beleriand in the Silmarillion can be found to bear striking resemblances to features in local landscapes that Tolkien will have known well. Join us for an exploration into local landscape and historical features which in the leaf mould of his imagination may have contributed to inspiring some of Tolkien's mythical landscapes. £3.00/£3.50. Pay on the door.

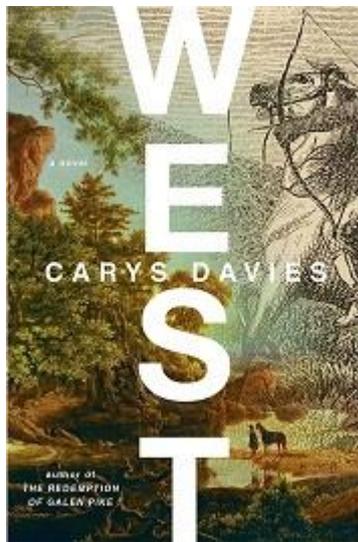


LCA BOOK GROUP



Heart Centre, Headingley LS6 3HN.

The LCA Book Reading Group continues to meet bi-weekly at 3 – 5 p.m. on Monday afternoons currently in the outdoor area at HEART, Headingley.



New Book Commencing Monday 12 October 3.00 p.m. HEART Centre, Headingley LS6 3HN. We will be commencing a new book 'West' by Carys Davies on Monday 12th October entitled 'West' by Carys Davies.

'West' has all the stark power and immediacy of a folk-tale or a legend. It is also structured with great artistry, a beguiling sense of form and pace, and a depth in the way the characters are created, making clear that **Carys Davies** is a writer of immense talent' - Colm Tóibín, author of Brooklyn

'West is a journey and a wonder. A story concerned with value and language, love and absence, life and death. Entrance £3.00 including refreshments. For further information please see www.leedscombinedarts.org.uk

Book Group

Book Group



THEATRE VISITS

There is still a lot of uncertainty around the re-opening of theatres and productions going ahead over the Autumn period. At the time of writing this newsletter, most theatres have decided to keep the safety curtain closed and have re-scheduled all of their productions into 2021. However, the Playhouse are hoping to stage a production sometime before the Christmas period and if this should go ahead, we will let you know as soon as possible.

Sibylle & Emma



COURSES & WORKSHOPS

Workshops: Lifelines in the Community

Our current project 'Life Lines in the Community' which commenced on 7 July has been very popular and successful, most of the workshops were run in a secluded spot of Meanwood Park with the odd Tuesday afternoon at HEART when the weather turned wet. The project continues with another series of Dance & Movement Workshops with Emma commencing on **Tuesday 15 September 7.15 – 9.00 p.m. at HEART, Headingley**. We will also be commencing a short series of 'Drawing Workshops' with Artist Clive Rae. The workshops are suitable for beginners as well as more advanced artists. Entrance for both workshops will be £3.00 members and concessions and £4.00 guests. We will send more details out on the Drawing Workshops by e-mail once we have finalised the details.



Picture from a recent dance workshop in Meanwood Park.

MUSIC EVENINGS

Friday 12 September 7.00 p.m. The Roman Empire, HEART Centre, Car Park/Garden.

The Roman Empire return to the Heart Centre – or at least, just outside in the gazebo – to entertain the sacred and scared folks of Leeds! With song-based tales of pets, tentacles and nuclear war. We encourage you to donate your ears to what we are lovingly calling our One Stop Plague Tour 2020. So join us, won't you, for a warm night of fun and desanitised instrument swapping. Live music in the Courtyard from 7.30pm – 45-minute set. Bar available for drinks and snacks (payment by card preferred). Please feel free to stay and chat (socially distanced of course) in our delightful outside space. **While this event is free – donations are appreciated.** Numbers are restricted. If the event is full there is also a bar available in the Carpark, so you can at least have a drink and a socially distanced chat! There is no booking just turn up in good time!

Tuesday 6th October 7.00 p.m. Tuesday Night Live: CJ Smith Band.

Art School was the unofficial music school for English musicians in the 60s and 70s and in 1965 CJ went to Harrogate and in 1967 attended Ealing Art College. It was there he started writing songs with Freddie Bulsara...This led to the formation of Smile. Bulsara became Freddie Mercury; Smile became Queen and CJ stayed true to the forms that had inspired him since his early teens

CJ Smith has been writing, performing and recording great blues-inspired music for nearly 40 years. His songs, tender, gritty and warm demand comparison with Van Morrison, John Martyn and James Taylor. The CJ Smith Band features some of the best musicians Yorkshire has produced. Suggested donations £3-£5 but no one turned away due to lack of funds.

Headingley Music Festival

This would normally take place in late June/early July but has, of course, unfortunately had to be postponed this year. We hope to run a one-off event around the middle of October but, as yet nothing has been confirmed. We will let everyone know by e-mail should any event take place.



**Mind, Body,
Spirit** Part of
Leeds Combined Arts

EVENTS/TALKS/WORKSHOPS

(All take place at The HEART Centre, Bennett Road, Headingley LS6 3HN)

Wednesday 23rd September, 7.30 p.m. Alexander Technique with Bridget Barr. Live your life with less strain and pain using the Alexander Technique with Bridget Barr.

In this practical session, we will explore principles of the Alexander Technique and apply them to everyday activities. It is likely we will use walking and breathing as our examples but, if there are any common interests in the group, we could look at those. Please wear clothing that allows you to move freely. If you would like more information about the Alexander Technique and Bridget see

<https://www.learnalexandertechnique.info>

Entrance fee £4.00/£3.50 members and concessions.

Wednesday 28th October 7.30 p.m. 'TROPIC' – Green Beauty, Presentation, Talk & Demonstration with Emma McCulloch.

Re-arranged from March this year, Emma, a Senior Ambassador from Tropic Skincare, will be doing a presentation on the importance of clean, green beauty. She will be discussing how what we put on our skin affects our overall health and wellbeing and how we should pay attention to the beauty industries environmental impact. We will all get a chance to indulge in Tropics gorgeous products and receive a complementary mini hand treatment too!. Entrance, £4.00/£3.50 members & concessions.

WALKS

Leeds Combined Arts provides monthly 'arts walks' which are designed to suit people who prefer a gentle steady walk of between two and six miles. These walks are at a gentle pace and are ideal for people who would like to become fitter and enjoy walking but would not be up to doing a longer walk at a faster pace. During the walk we usually incorporate some Poetry, Storytelling or music; and we sometimes include visits to a stately home or Art Gallery or other place of interest. Although these walks are of shorter length please consider your ability when attending any walk and always come equipped with appropriate clothing including waterproofs, walking boots and warm clothing.

Participation on any Leeds Combined Arts walk is at the individual's own risk. For further information about any walk please contact the walk leader.



Walks

Walks

Sunday 6 September 11.45 a.m. Swinsty Reservoir. Meet at the car park downhill from Fewston Village.

Join Richard on a 4.5-mile walk around Swinsty Reservoir (2nd reservoir upstream in Washburn valley, a few miles north of Otley). Meet in car park next to "beach" just downhill from Fewston village. **LS21 2NP**. This car park is accessed from Smithson's Lane, when turning left after Bland Hill on B6451, when coming from south. No buses here. Richard can take 2 other passengers in his car. Please contact Richard on **0113 2347688**. There are unrestricted & delightful views around this reservoir. We can visit cafe in Washburn Heritage Centre which is open until 3.00 p.m. or ice-cream van in car park, after the walk. Any Poetry readings will be on the theme of Forests and Trees. **Please bring a packed lunch.** For further details please contact **Richard on 0113 2347688**.

Please Note: Social distancing will have to be observed, and depending on numbers we may have to split into two groups. Please book your place by contacting [-carol@leedscombinedarts.org.uk](mailto:carol@leedscombinedarts.org.uk)

Sunday 11 October 12: Noon Walk with Rob around Outwood and Lofthouse.

This walk has been re-arranged from April when the full lock-down period was in force. Join Rob on a walk from Outwood railway station and taking in the site of the former Lofthouse Colliery, now a lovely nature reserve. Trains from Leeds Central Station will be at 11.48 arriving in Outwood Station at 11.59. More details will be sent by e-mail nearer the time. Tel Rob: 0113 2164492.

Sunday 8th November 11.30 a.m. Walk with Natasha around Scarcroft.

Join Natasha for a walk of just over 5 miles around the village of Scarcroft and beyond. For those travelling by public transport take the **10.41** No. **X99** Deighton bus from New Briggate (N4 bus stop opposite the Grand Theatre) to join Natasha (tel.0113 2686077) at 11.15 outside "**The Inn**" **Public House** in Scarcroft for a 5.5 mile circular walk through the Hetchell Wood and Thorner. Please bring poems to read on the topic of "Villages/Village Life". After the walk, there will be an optional visit to "The Inn" pub for a drink.



Picture from a previous LCA walk around Nidderdale.

If you have experience with leading walks and would be interested in leading one as part of our monthly walks programme; typically around 4 – 6 miles, or you have an idea of a walk you would like us to include, please get in touch via carol@leedscombinedarts.org.uk



Picture from a previous walk around Otley.



Disclaimer: Leeds Combined Arts reserves the right to alter, cancel or amend an event when circumstances arise beyond their control. However, where an event has to be cancelled or changed this will always be advertised on the website. Participation in any event included in this newsletter is undertaken at the individual's own risk.

SOCIAL MEDIA

Don't forget to keep in touch with us on social Media. So far we're only on Facebook and Twitter. We'll let you know if we expand into other areas!

