



Sainsbury's



<http://www.leedscombinedarts.org.uk>



## Leeds Combined Arts Newsletter – Autumn 2019

Dear All,

The summer seems to have flown by already and here we are already at the beginning of September. We do have plenty of events and activities on offer for members including our on-going project 'Arts for Well-being', and you can see further details under 'Workshops' about the next series taking place. October will see the opening of the refurbished Leeds Playhouse and we hope you'll be able to join us for some of the productions on offer at community network reduced prices. There will be a guided tour for our group to visit and have a look at the refurbished theatre. Cafes and bars will be open and some pop-up events both on stage and in the brand new spaces. We intend to visit on **Saturday 12<sup>th</sup> October at 1.00 p.m.** for a tour of the building and if you would like to join us **please let us know**, although places are free they still have to be pre-booked for the guided tour.

Best wishes.

*The LCA Committee.*

**Disclaimer: Leeds Combined Arts reserves the right to alter, cancel or amend an event when circumstances arise beyond their control. However, if an event has to be cancelled or changed this will always be advertised on the website. Participation in any event included in this Newsletter is undertaken at the individual's own risk.**

# WORKSHOPS

## **'Arts for Well-Being'**

We will be continuing with our World Circle Dance Workshops up to and including 17th September at Meanwood Institute. On Tuesday 24<sup>th</sup> September we will commence a new project of 'Story-telling workshops' with Saskia Solomon. 'Tell your tale' - storytelling course, see below for further information on this forthcoming project.

**Commencing Tuesday 24<sup>th</sup> September 2.00 p.m. - 4.00 p.m. 'Storytelling Workshops' with Saskia Solomons, Meanwood Institute, Green Road, Meanwood LS6 4LD.**

Everyone has a tale to tell, but how do we turn a memory into story? This workshop will provide a warm and welcoming space to explore our personal histories and develop the skills needed to craft our memories into captivating stories. We will work with our imaginations, our senses and our playfulness. Participants will be invited to work with memories of their choice, and will be supported in the intuitive process of deciding which to tell; if you choose to make it so, the crafting of a memory and the telling of it can be a very healing process. Together we will create a safe space to honour our stories and celebrate our experiences, and encourage each participant to work in a way that nourishes them. Each session will offer a different aspect of the craft of the storyteller: from building characters in your body and voice, to creating images in space, exploring the relationship to the listener(s), and developing moods, landscapes and language. We will listen to each other's stories and work together in the development process. Each week will build on the previous week's knowledge, but can also function as a standalone - so feel free to join us when you like. No storytelling experience necessary - only life experience - if you think you don't have a story to tell, I can promise you, you do! paper and pens will be provided, but if you prefer to bring your own, please do. Any other materials will be provided. Entrance £2.00 including refreshments.

# POETRY & LITERATURE EVENTS

**Wednesday 18<sup>th</sup> September, 7.30 p.m. 'Poetry & Art Evening' with Michael Hildred, HEART, Bennett Road, Headingley LS6 3HN**

Join us this evening with Poet and Author **Michael Hildred** who will be reading and performing his poetry on the theme of 'Time and Tide', and also displaying some of his art-work. Entrance is £3.50/£3.00 members and concessions including refreshments.

**Wednesday 16<sup>th</sup> October 7.30 p.m. 'Open Mic Poetry, Prose & Music Evening' HEART, Bennett Road, Headingley LS6 3HN.**

This evening we'll have an 'open mic' evening on any theme or topic for everyone to participate. All welcome. Entrance is just £3.50/£3.00 (members and concessions), including refreshments.

**Wednesday 20<sup>th</sup> November 7.30 p.m.**

Join us for our regular Wednesday evening Poetry & Prose night on the third Wednesday of the month. The theme will be decided nearer the time and e-mail sent out to all members. Entrance £3.50/£3.00 (members and concessions), including refreshments.

# LCA BOOK GROUP

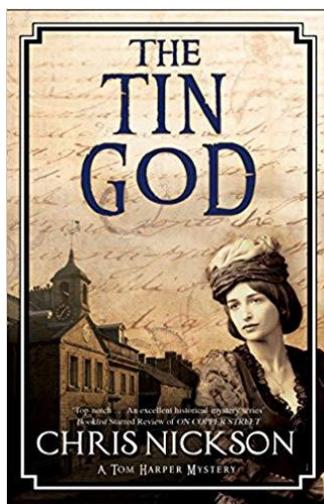


**Meanwood Institute, Green Road, Meanwood LS6 3HN.**

The LCA Book Reading Group continues to meet bi-weekly at 3 – 5 p.m. on Monday afternoons at Meanwood Institute, Green Road, Meanwood.

## **NEW BOOK .**

**Commencing Monday 16<sup>th</sup> September 3.00 p.m. Meanwood Institute  
(Bi-Weekly)**



Leeds, England. October 1897. Superintendent Harper is proud of his wife Annabelle. She's one of seven women selected to stand for election as a Poor Law Guardian. But even as the campaign begins, Annabelle and the other female candidates start to receive anonymous letters from someone who believes a woman's place lies firmly in the home. The threats escalate into outright violence when an explosion rips through the church hall where Annabelle is due to hold a meeting – with fatal consequences. The only piece of evidence Harper has is a scrap of paper left at the scene containing a fragment from an old folk song. But what is its significance? As polling day approaches and the attacks increase in menace and intensity, Harper knows he's in a race against time to uncover the culprit before more deaths follow. With the lives of his wife and daughter at risk, the political becomes cruelly personal.

All reading takes place in the two-hour slot, including a break. Entrance is £3.00 and includes refreshments. Further details on 0113 269 0356.

# DAY TRIPS & EVENTS/ OUTINGS

## **Friday 13<sup>th</sup> September 12:00 visit to Castle Grove Masonic Hall, Headingley.**

Join us for a guided tour of the Masonic Hall in Headingley. Hidden away in the leafy suburb of Headingley, Castle Grove Masonic Hall sits just a few miles north of Leeds City Centre. This Grade II Listed building has stunning architectural features both inside and out. Once you step inside you'll be blown away. Free tour for LCA members (places must be pre-booked in advance). Contact [carol@leedscombinedarts.org.uk](mailto:carol@leedscombinedarts.org.uk) to book your place.

## **Friday 20<sup>th</sup> September. 10.00 a.m. Day Trip to Nostell Priory near Wakefield.**

As part of the Heritage Weekends we have organised a trip to Nostell Priory on Doncaster Road, Near Wakefield. Nostell Priory is a glorious 18th-century country house with interiors by Palladian master architect Robert Adam. The house was built in 1733 to a design by James Paine. Robert Adam was called in to expand and renovate Paine's work in 1766, and over the next 19 years, he created a marvellous neo-classical house. The house takes its name from medieval Nostell Priory, an Augustinian monastery founded in 1114. The monastery was dissolved by Henry VIII in 1540. The monastic site is near the current house, but there is very little to see beyond the 17th-century cow stalls, which were converted from monastic outbuildings. Nostell Priory stands 2 stories high, with a centre block of 5 bays. The interiors are mainly by Adam, with furniture designed by Chippendale specifically for the Priory. There is an extensive art collection, with paintings by Angelica Kauffman and Breughel, among others. The library is considered one of the best at any National Trust property. **Free Entrance. Please meet at 10.00 a.m. at Leeds Central Bus Station.**

**Thursday 10<sup>th</sup> October 'Light Night' Leeds. Meet 6.30 p.m. Corn Exchange, Leeds.**

Join us for a walk around Leeds Centre for Light Night. Light Night is one of UK's largest annual arts and light festivals, and some of Leeds's most recognisable indoor and outdoor spaces are transformed by spectacular artworks and captivating performances by local, national and international artists. Free.

**Saturday 12 October 1.00 p.m. Tour of the Leeds Playhouse.**

Join us at the Leeds Playhouse for a guided tour of the re-furbished building. Places are Free but must be pre-booked by e-mailing [sibylle@leedscombinedarts.org.uk](mailto:sibylle@leedscombinedarts.org.uk)



## THEATRE VISITS

Theatre Visits

Theatre Visits

Congratulations to competition winner, **Helen Wyatt** who correctly answered the question from the LCA Summer Newsletter competition and wins two free tickets to see *'The Wizard of Oz'* in November. *The question was, In October 2018 we organised a theatre trip to see a show called 'Lets Twist Again'. At which theatre was this held? The answer was 'Harrogate Theatre'.*

Here is the list of Theatre Visits for the Autumn Months. Please remember to make any payment *in full* by cheque for any theatre visits or social events including trips payable to **'Leeds Combined Arts Theatre Group'**. Some shows may be more popular than others and may have limited ticket availability so we do advise booking well in advance for the more popular shows.

Thank you; and we hope you enjoy one or more of the many of the productions on offer.

Theatre Visits

Theatre Visits



**Thursday 12<sup>th</sup> September 7.15 p.m.**  
**'Call Me Dusty', Studio Theatre, Carriageworks, Millennium Square, Leeds.** Without doubt the finest white soul singer of her era, Dusty

Springfield is the definitive 'Pop Diva'. Her lifestyle was the stuff of legend, and great drama. With her quest for perfection and refusal to compromise, Dusty led a tormented life. Her stage persona was at odds with the shy convent girl she once was and her sexuality. The result: a downward spiral of drugs, alcohol, abuse and self-harm, yet, she produced tremendous music which still ranks as some of the finest of its kind. **Please note:** This is a drama not a musical; however the play does include some music. All tickets £12.00 (usual price £15.00)



that seats could be high up!)

**Friday 27<sup>th</sup> September 7.30 p.m. , (Martinů), Opera North, Leeds Grand Theatre.** When a group of desperate refugees arrives in a small village seeking help and shelter, deep rifts tear the community in two. This unique and powerful opera is not to be missed. Sung in English with English titles. Running time: approximately 2 hours 30 minutes. All seats £10.50. **(Please note**



Hollywood blockbuster. Sung in Italian with English titles. All seats £10.50 **(Please note that seats could be high up!)**

**Friday 11<sup>th</sup> October 7.00 p.m. Giulio Cesare: Caesar and Cleopatra in Egypt (Handel), Opera North, Leeds Grand Theatre.** Cleopatra and her brother are vying for the throne when Julius Caesar arrives in Egypt, pursuing an enemy. Seeing the opportunity to tip the balance of power in her favour, Cleopatra seduces Caesar. A dramatic love story with all the colour, passion and epic sweep of a



for the sustained attacks and murders across the city, the authorities urged women to stay at home. From the fear and fury, a steadfast solidarity arose, birthing the Reclaim the Night movement and echoing down the generations to this day. All tickets £10.50.

**Tuesday 15<sup>th</sup> October 8.00 p.m. 'There are No Beginnings' Leeds Playhouse.** It's 1975 and Sharon just wants to marry Donny Osmond. Her mum, June, is working to keep girls like Helen off the street and Fiona is desperate to get inside the Milgarth police station incident room. Between the years of 1975 and 1980 the women of Leeds lived in fear. With no clue as to who was responsible



**Saturday 19<sup>th</sup> October 2.30 p.m. Matinee 'My Beautiful Laundrette', Leeds Playhouse.** This bold new production of Hanif Kureishi's iconic and Oscar-nominated screenplay, explores issues of sexuality,

cultural conflict, gender equality, class and generational strife, presented against a funky backdrop of 80s music and culture. Set in London during the Thatcher years, *My Beautiful Laundrette* tells the story of young British Pakistani, Omar, who transforms his Uncle's run-down laundrette into a thriving business. After being confronted by a fascist gang, Omar recognises school-friend Johnny and uses their history to diffuse the situation. As they renovate the laundrette together, love blossoms between them. All tickets £10.50



**Saturday 26<sup>th</sup> October 2.30 p.m. Matinee 'La Bohème', Opera North, Leeds Grand Theatre.** On a cold Christmas night in bohemian Paris, Mimì knocks on Rodolfo's door in search of a candle and a love is sparked that changes their lives forever. But can this love survive the harsh winter? Set in the bustling clubs and cafés of early-60s Paris, don't miss Opera North's production of one of the most popular - and

most heart-breaking - operas of all times! Sung in Italian with English titles. Running time: approximately 2 hours 15 Minutes. All tickets £10.50. **(Please note that seats could be high up!)**



**'The Body Snatcher', Sunday 27<sup>th</sup> October 7.00 p.m. Carriageworks Theatre, Leeds.** Presented by Thunder Road & Harrogate Theatre, Something is rotten in the town of Inglenook. Sour milk, unread post, dogs howling day and night, the locals are vanishing...seemingly into thin air. As fear haunts the remaining few, a young scientist is disturbed by a noise

underground. It's the sound of terror, and it's getting louder. The Body Snatcher is an unnerving experience inspired by **Robert Louis Stevenson's** hair-raising horror: live action, music and storytelling combine in a tale of mystery, morality, and science unhinged. Nobody is safe. All tickets £11.00. (Usual price £14.00).



**Thursday 31 October 7.30 p.m. 'Dracula', Northern Ballet, Leeds Playhouse (QT).** Step into the world of Dracula – if you dare.... Seducing countless generations, **Bram Stoker's** legendary vampire lives on in this extraordinary ballet. The dark tale of the immortal Count is played out through Northern Ballet's blend of sensuous dancing and gripping theatre enhanced by gothic sets and

costumes. If you think you know what to expect from ballet, think again. This is ballet with a dramatic bite that will leave you thirsty for more – don't miss your chance to experience it. Features music by Schnittke, Rachmaninov, Pärt and Daugherty. All tickets £12.50. (Usual price £ 25.00).

*PLEASE NOTE: The following productions - 'The King & I' and 'We Will Rock You' - are now almost sold out, and we are aware that many of you have already booked as per the e-mail we sent out in February. The only seats now left are mainly single seats in the stalls or higher up in the balcony.*



**Wednesday 6<sup>th</sup> November 7.30 p.m.**

Directed by Tony Award winner **Bart Sher** (*South Pacific*, *My Fair Lady* - Broadway), this is a once in a lifetime opportunity to witness this glorious production, direct from its record breaking season at The

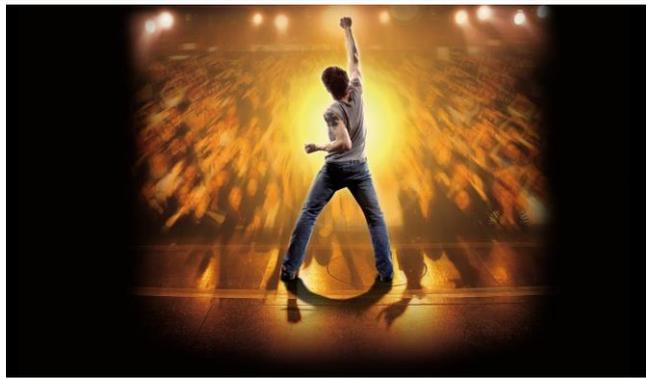
London Palladium. This 5-star, critically acclaimed, Lincoln Centre Theatre's production stars the West End's Annalene Beechey and Broadway's Jose Llana. All tickets £28.50; which is half the usual price!



**Thursday 7 November 7.30 p.m. Kala Sangam Arts Centre, Bradford.**

Inspired by Satinder Kaur Chohan's play by the same name, 'Half of Me' explores the often unheard stories of young people born through Assisted Reproductive Technologies, such as IVF. The story draws parallels with the famous Indian epic the Mahabharata, in which the biological mother Kunti meets her abandoned son Karna after he is grown into a young man and questions his

loyalties. A contemporary, relevant story told through the classical South Asian dance form Bharatanatyam, 'Half of Me' is performed by some of the most charismatic dancers in the UK. The modern choreography by Swati Raut is accompanied by spellbinding music by Praveen D. Rao, a versatile music composer from India. This performance also features a post-show discussion, where you'll have the opportunity to ask any burning questions. The majority of performances at Kala Sangam are now **Pay What You Decide**, which means you don't have to pay until after you have seen a show. Please Note: Even though you don't have to pay until after you've seen the show places still have to be booked in advance. Once you have confirmed you are attending, we can book your ticket which you will need to enter the performance. Please e-mail [sibylle@leedscombinedarts.org.uk](mailto:sibylle@leedscombinedarts.org.uk) to reserve your place, (limited ticket availability).



**Leeds Grand Theatre, Thursday 14<sup>th</sup> November 7.30 p.m. & Saturday 23 November 2.30 p.m. (Matinee) 'We Will Rock You', Leeds Grand Theatre.** The worldwide smash hit musical by **Queen** and **Ben Elton** returns to the UK. Featuring 24 of **Queen's**

biggest hits and **Ben Elton's** hilarious futuristic comedy writing, **We Will Rock You** boasts the scale and spectacle that marked the band's legendary live performances. **All tickets £28.50. (half price)**

**Monday 25<sup>th</sup> November 5.30 p.m. Leeds Playhouse Community Network Party & 7.00 p.m. 'The Wizard of Oz' and Community Network Party.** We would love to invite you to join us in our newly refurbished bar from 5.30 p.m. for a glass of mulled wine and a mince pie, Free. We hope you will then join us to see the 'Wizard of Oz' at 7.00 p.m. Soar over the rainbow, follow the yellow brick road and skip into the Emerald City to fulfil your heart's desire, as Leeds Playhouse whisks you away on an unforgettable journey. Join Dorothy, Scarecrow, Tim Man and Lion as the classic story and songs you know and love burst on to the stage in this technicolor spectacular! All tickets £10.50 including glass of mulled wine and a mince pie.

# FILMS @ HEART

**Friday 13<sup>th</sup> September 11.00 a.m. (Doors Open 10.00 a.m.) Film 'The Glenn Miller Story', Shire Oak Hall, HEART, Headingley.**

Join us at HEART for a special screening of 'The Glenn Miller Story', the film follows big band leader Glenn Miller (1904–1944) (James Stewart) from his early days in the music business in 1929 through to his 1944 death when the airplane he was flying in was lost over the English Channel during World War II. Prominent placement in the film is given to Miller's courtship and marriage to Helen Burger (June Allyson) and various cameos by actual musicians who were colleagues of Miller. Several turning points in Miller's career are depicted with varying degrees of verisimilitude, including: the success of an early jazz band arrangement; his departure from the Broadway pit and sideman work to front a band of his own; the failure of his first band on the road; and the subsequent re-forming of his successful big band and the establishment of the "Miller Sound" as typified by 'Moonlight Serenade'. Also depicted is Miller's international success touring his band in support of the Allies in World War II. **FREE!** Tea & Cakes are available at very low cost provided by OWL's and there is usually an interval half way through the film.

**Friday 8<sup>th</sup> November 11.00 a.m. (Doors Open 10.00 a.m.) Film 'An American in Paris', Shire Oak Hall, HEART, Headingley.**

*'An American in Paris'* is a romantic musical inspired by the 1951 film of the same name incorporating songs from George and Ira Gershwin.

The book is by Craig Lucas. The musical won several Tony Awards. The Broadway production closed in October 2016. A US national tour opened in the autumn of 2016 in Boston, Massachusetts, and a London West End production opened at the Dominion Theatre in March 2017. The Italian premiere took place in Genoa in Teatro Carlo Felice in October 2018. **FREE!** Tea & Cakes are available at very low cost provided by OWL's and there will be an interval half way through the film.

**There is no need to book for either of these films you can just turn up!**

# MIND BODY SPIRIT EVENT

*(All take place at The HEART Centre, Bennett Road, Headingley LS6 3HN)*

**Wednesday 25<sup>th</sup> September 7.30 p.m. 'Artificial Intelligence: A Personal History' with Mark Tarver, HEART, Headingley LS6 3HN.**

AI is now very much in vogue, but did you know that this is the third revival of the subject since it began over sixty years ago? Dr Mark Tarver traces the development of the subject from the beginnings in 1956 to the present day and looks at what the future might bring. Dr Tarver taught AI for ten years at Leeds University and currently heads work in functional programming development. Don't miss this fascinating talk! Entrance £4.00/£3.50 LCA members and concessions.

**Wednesday 23 October, 7.45 p.m. 'Crystal Sounds', with Kim Moore. HEART, Headingley LS6 3HN.**

Hugely popular in London and USA crystal sounds bowls are now being used extensively for anxiety sleep problems and helping you get deeply relaxed. Come and find out the effects of the crystal singing bowls has on the mind body and soul. I will be talking about how we like crystals have resonance of sound so when connect to crystal is aligns our whole vibrational systems into alignment. The bowls are made of 99.9. per cent quartz crystal they play frequencies that are harmonic and that shifts out what is not needed within us. You will get a chance to hear the sounds feel about how they can raise our state of being. Come and join us for the enlightening event. Entrance £4.00/£3.00 members and concessions.



**Wednesday 26 November, 7.30 p.m. 'Into the Light', DVD from this year's Glastonbury Symposium with Dr. William Bloom.**

We always like to bring you the latest cutting-edge talks from Glastonbury Symposium, with covers Truth, Mysteries, and New Frontiers. The main aim of the Symposium is to bring in speakers from around the world and to give people information that isn't so easy to get from else-where. They have conversations and presentations about the things we are not supposed to talk about and looking again about the things in the world going on around us in a light that is not allowed to be shown in the mainstream. Dr William Bloom is one of the UK's leading's authors and educators in the field of holistic spirituality and health. He describes his approach as valuing the jewels in all traditions. He founded the Spiritual Companions project, is a Fellow of the Findhorn Foundation and co-founded Alternatives of St. James's Church, Piccadilly. His many books include *The Endorphin Effect*, *The Power of Modern Spirituality*, *Psychic Protection* and *Working with Angels*. Recently he pioneered the first main-stream UK qualification on spirituality and health to be on the OFQUAL Register.

**Presentation: Into the Light – Exploring Afterlife Dimensions**

*This presentation explores the great mystery of what happens when we die. The talk will be both personal and philosophical. For the first time in public William will share about his extended out of the body and near death experiences, which occurred when he was almost mortally ill during a two-year isolated retreat. Since that time, he has explored after death realities in his daily meditation practice, read the classic and contemporary texts, and helped many others prepare for their own passing and how to support others. His talk will include an exploration of texts such as the Tibetan Book of the Dead; practices that enable the transfer of consciousness; invisible helpers, purgatory, heaven and hell; and theories about the source and purpose of the soul's journey. Just as we need to understand how to live, so we also need to know how to die. Entrance £3.50/£3.00 concessions and members of LCA.*

**The Leeds Healing Centre.**

Just to remind you that the Leeds Healing Centre offers healing sessions at HEART on Friday mornings between 12 noon & 3.00 p.m. No appointment necessary, (last session 2.30 p.m.). Healing is offered by professional team of volunteers trained to high standards set by UK healers. Also at Friends meeting House, Street Lane, Roundhay LS8 2BW between 7.00 and 9.00 p.m. Thursdays p.m.). Recommended donation £5.00.

# WALKS

**Sunday 22 September 1.00 p.m. 'Tolkien Trail' with Poetry & Music. Meet at the Library Pub, Woodhouse.**

## **The Tolkien Trail 2019 Claire Rae Randall**

This celebration of the time Professor JRR Tolkien spent in and around Headingley in the period after the Great War will give the local community the opportunity to explore and discover this aspect of its cultural heritage. The rich depth of historical landscape and features that we pass by daily may have contributed influences to his legendary world of Middle Earth and we can learn to see our environment in new mythic ways. During the walk there are likely to be some musical contributions from local musicians "Shadowfax", an ad hoc collaboration performing Tolkien's songs from "The Lord of the Rings" as set to music by Donald Swann in 1967 to complete the immersion in his imaginary world.

## **Sunday 13<sup>th</sup> October 12 noon, walk from Otley Bus Station with Rob.**

Join Rob for a 5 mile circular walk from the centre of Otley calling on Gallows Hill. Gallows Hill Nature Reserve occupies a strip of land on the south side of the River Wharfe east of Otley. It is signed to the left off Pool Road, just after the cemetery on the way out of Otley. It consists of areas of trees, scrub and nettle beds with a pond, providing a variety of habitats important to birds, amphibians, butterflies and dragonflies. History of the site, it gets its name from its use as a site of execution as far back as Anglo-Saxon times. During the reign of Henry I (1100-1135) the Archbishop of York had the power to execute thieves caught in the Manor of Otley. The last execution took place in 1614. Much of the area is situated on the old Sewage works sludge beds. Otley Town Council purchased the land from Yorkshire Water Authority in 1987/8. There was considerable investment to remove toxic materials followed by a programme of development including construction of a pond, and tree and hedging planting. Please bring a packed lunch and a drink. Further details and bus times will be sent out by e-mail nearer the time but for any further information please contact Rob on 0113 216 4492.

**Sunday 10<sup>th</sup> November 12 noon, Circular walk around East Keswick.**

Meet Carol at the Duke of Wellington Inn Main Street East Keswick LS17 9DB for a 5 mile walk around East Keswick with long distant views on Almscliffe Crag and the White Horse of Kilburn. As this is Remembrance Day any poems can be on 'Memories'. Please bring a packed lunch and a drink. There will be an optional drink at the Duke of Wellington after the walk. For further details contact Carol on 07708 230 333.

If you are interested in leading a walk as part of our monthly walks programme, typically around 4 – 6 miles, or you have an idea of a walk you would like us to include, please get in touch via [carol@leedscombinedarts.org.uk](mailto:carol@leedscombinedarts.org.uk) or [sibylle@leedscombinedarts.org.uk](mailto:sibylle@leedscombinedarts.org.uk).



You probably think it's a bit early to be thinking about the Christmas Meal already and so do we, but places start to get booked up early these days! So, just to let you know that - as we had such a good meal there 2 years ago - this year we have decided to return to the Queens Arms on Harrogate Road. The date for your diary is **Saturday 21<sup>st</sup> December**. We are not asking people to book just yet but will send out further information in November.