



Leeds Combined Arts

**‘Voice Workshops’ with Nel Begley,
commencing Tuesday 7th May 2 – 4 p.m.**

At Meanwood Institute.



Join us on our new project of 'Arts for Well-being'

*Commencing with a weekly programme of Voice Workshops with gentle movement. The workshops will be creative, fun and suitable for people of all ages. Using gentle vocal exercises and breathing techniques, encouraging the voice to open up using different chants, exercises and many simple songs from around the world. The project will also explore vocal toning, silence, harmony and some improvisation. **See over for further details.***



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'Arts for Well-Being', 'Voice Workshops'

***All workshops will be held at Meanwood Institute, Green Road,
Meanwood, LS6 4LD***

On the following Dates –

Tuesday 7th May 2.00 – 4.00 p.m.
Tuesday 14th May 2.00 – 4.00 p.m.
Tuesday 21st May 2.00 – 4.00 p.m.
Tuesday 28th May 2.00 – 4.00 p.m.
Tuesday 4th June 2.00 - 4.00 p.m.
Tuesday 11th June 2.00 – 4.00 p.m.
Tuesday 18th June 2.00 – 4.00 p.m.
Tuesday 25th June 2.00 – 4.00 p.m.
Tuesday 2nd July 2.00 – 4.00 p.m.
Tuesday 9th July 2.00 – 4.00 p.m.
Tuesday 16th July 2.00 - 4.00 p.m.
Tuesday 23rd July 2.00 - 4.00 p.m.

Workshops are provided Free of Charge. Refreshments will be available to purchase. www.leedscombinedarts.org.uk

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