



Wade's Charity

AT THE HEART OF LEEDS



<http://www.leedscombinedarts.org.uk>

Waitrose



## Leeds Combined Arts Newsletter – Spring 2019

Dear All

Welcome to the 'Spring LCA Newsletter'. We hope you are beginning to enjoy the lighter nights and slightly longer days. As usual we have quite a loft of events over the next few months March – May and we hope you enjoy attending many of them. Just a gentle reminder about membership fees which are due on 1<sup>st</sup> May 2019. However if you joined **after** 1<sup>st</sup> November 2018 you will not need to pay again until 1<sup>st</sup> May 2020. It was agreed at the AGM held on 12<sup>th</sup> December 2018 that the membership fees be increased by a nominal £1.00, so the fees are now **£9.00** full and **£8.00** concessions; those who are retired or 60 and over. A reminder by e-mail will be sent out nearer the time

**Disclaimer: Leeds Combined Arts reserves the right to alter, cancel or amend an event when circumstances arise beyond their control. However if an event has to be cancelled or changed this will always be advertised on the web-site. Participation in any event included in this Newsletter is undertaken at the individual's own risk.**

## WORKSHOPS

We are continuing with our story-telling, poetry and voice workshops on Thursday afternoons at Meanwood Institute from 2 – 4 p.m. Entrance is Free and the workshops are funded by Metcalf-Smith. We hope to commence some future workshops in April and details have not been finalised as yet but information will be sent out by e-mail to all members once we have confirmed the details.

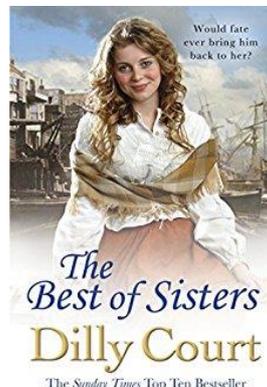
### 'LCA Book Group'



#### LCA Book Reading Group

**Commencing on Monday 11 March 3.00 p.m. Meanwood Institute, Green Road, Meanwood LS6 3HN. "The Best of Sisters" by Dilly Court.**

Twelve-year-old Eliza Bragg has known little in life but the cold, comfortless banks of the Thames. Living above her uncle's chandlery she has grown accustomed to a life of penury and servitude, her only comfort the love and protection of her older brother, Bart. But one day Bart accidentally kills a man and is forced to flee to New Zealand. Alone, barefoot, beaten down and at the mercy of her cruel uncle, Eliza realises that her very survival is at stake. *Entrance is £3.00 including refreshments.*



# POETRY & LITERATURE EVENTS

**Wednesday 20<sup>th</sup> March 7.30 p.m. Poetry Evening with Joe Williams. HEART, Headingley.** Award winning Poet Joe Williams returns to host the first half of tonight's Poetry Evening. Joe Williams is a former starving musician who transformed into a starving writer and poet in 2015, entirely by mistake. He lives in Leeds and appears regularly at events in Yorkshire and beyond. He has been published in numerous anthologies and in magazines, online and in print. His debut poetry pamphlet, 'Killing the Piano', was published by Half Moon Books in 2017, followed by the verse novella 'An Otley Run' in 2018. He won the prestigious Open Mic Competition at Ilkley Literature Festival in 2017 and was runner-up the following year. This time Joe will be presenting the finished book 'Otley Run' and talking more about it. In the second half we'll have an 'open mic' for anyone who would like to read a poem, prose piece or short essay. Entrance £3.50/£3.00 including refreshments.

[www.joewilliams.co.uk](http://www.joewilliams.co.uk) | [www.anotleyrun.com](http://www.anotleyrun.com)

**Wednesday 17<sup>th</sup> April 7.30 p.m. 'Connecting North', Novella by Thelma Laycock. HEART, Headingley.** This evening we'll be exploring the themes of love, loss, intrigue and mystery with a dash of the paranormal. A Novella comprising of nine interlinking stories about an Anglo-Swedish family over three generations and is set in Southern Scandinavia and Scarborough North Yorkshire. This is a first Novella by Thelma Laycock. There will be readings from the book which will also be on sale should anyone wish to purchase, and poetry from both LCA members and guests. Refreshments will be included in the entry price of £3.50/£3.00 members and concessions.

**Wednesday 15<sup>th</sup> May 7.30 p.m. Poetry prose & Music Evening with Hilary J. Murray, HEART, Headingley.** Hilary was born and raised in Kent, went to Leeds University and has been hanging around here ever since. She has had poems published in magazines, and by Grey Hen Press and Grist. Hilary has read her work at Ilkley Literature Festival, and on Chapel FM radio. She says she has been writing forever and it seems to be her lifeblood; and is eager to perform her poetry wherever and whenever she can. She is exceedingly proud of all three of her daughters, and two granddaughters. There will be some open mic opportunities for members and guests to read in the second half on any theme or topic. Entrance £3.50/£3.00 including refreshments.

**Sunday 26<sup>th</sup> May 2.30 p.m. 'An Afternoon of Poetry & Prose', Meanwood Institute, Green Road, Meanwood, LS6 4LD.** This afternoon we are having an afternoon of Poetry & Prose with tea, coffee and cakes at Meanwood Institute as part of the **Meanwood Festival** programme. Some of the Poets reading will be Liz Bertolla, Bill Fitzsimons, Howard Benn and guests. There will also be some open slots on the second half should any LCA members or guests wish to read. Entrance £3.50/£3.00 members and concessions including refreshments.



## DAY TRIPS/OUTINGS

**Saturday 6<sup>th</sup> April 10.30 a.m. Trip to Decathlon, Sheffield, and Nepalese Curry.**

Join Jon for a day outing to Decathlon in Sheffield the biggest outdoor centre of the North. Selling a variety of outdoor wear, bikes, tents and much more. We will also be having a look around Sheffield Market and enjoying a Nepalese curry and maybe a few drinks.. **Meet at Leeds Train Station at 10:30 to catch the 10:38 train to Sheffield. We will return on the 18:18 from Sheffield which arrives in Leeds at 19:15. The train fare with Train Line return is currently £9.00 should anyone wish to book their tickets in advance. You may be able to get a further discount if you have a rail card. For further information contact Jon on 07731448924.**

Day Trips/Outings

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## THEATRE VISITS



**Tuesday 12<sup>th</sup> March 'Victoria', 7.30 p.m. Northern Ballet, Leeds Grand Theatre.** Passion, tragedy, fierce devotion. Queen Victoria's diaries revealed a life so fascinating that her daughter Beatrice tried to rewrite history. Her irrepressible love for Albert sparked a royal dynasty but his untimely death brought the world's most powerful

woman to her knees with grief .Northern Ballet's new biopic brings the sensational story of Victoria to life in dance. **All tickets £27.50 each (usual price £48.50).**

Theatre Visits

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**Thursday 21<sup>st</sup> March 7.00 p.m.**  
**'Hamlet', Leeds Playhouse.**

A young woman returns from university to attend the funeral of her father and finds her world turned upside down.

Consumed by grief and a promise to avenge her father's brutal murder, Hamlet embarks on a treacherous journey through an imperfect world, confronting love, loyalty, betrayal, madness and mortality. Following her extraordinary portrayal of Juliet in our recent, highly acclaimed production of *Romeo & Juliet*, **Tessa Parr** undertakes the title role to create a contemporary Hamlet for the here and now. **All tickets £10.50** (*Limited tickets available*)



**Thursday 4 April 'Rough Crossing', 7.30 p.m. Leeds Grand Theatre**

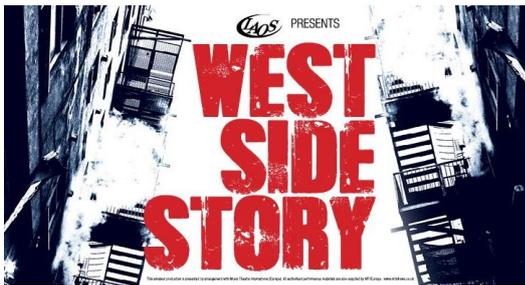
Two famous but desperate playwrights are stuck on an ocean liner headed for New York, feverishly trying to rehearse their latest show before reaching land and opening night. But they are constantly distracted by their delicate composer's attempts to end it all, having overheard his lover confess her feelings to the leading man.

Add an absurdly unorthodox waiter, a mistimed lifeboat drill and a vanishing glass of brandy and soon the sharp Atlantic winds turn to world-class gales of laughter as these colourful characters become tangled up in a string of absurd events. **All tickets £17.50 (usual price £34.00).**



**Thursday 11 April 7.00 p.m. 'Around the World in 80 Days', Leeds Playhouse.** The mysterious and fabulously wealthy Phileas Fogg wagers his life's fortune that he can circumnavigate the globe in just 80 days. Accompanied by his valet Passepartout, and with Scotland Yard's finest Fix of the Yard hot on his heels, can our hero make it back in time or will his plans be thwarted? This

fast-paced and funny adaptation of the ultimate globetrotter's tale transports audiences into the far-flung realms of the imagination. It's an irresistible round-the-world romp, packed with mayhem and inventive storytelling, guaranteed to raise a smile. This madcap Easter treat for all the family will play in our Pop-Up theatre before touring to community venues across Leeds. **All tickets £10.50.**



**Tuesday 23 April 7.30 p.m. 'West Side Story', Leeds Grand Theatre.** From the first notes to the final breath, **West Side Story** is one of the most memorable musicals and greatest love stories of all time. **Jerome Robbins** iconic production transports Shakespeare's *Romeo and Juliet*

to 1950s New York City where two young, idealistic lovers find themselves caught between warring street gangs: the American Jets and the Puerto Rican Sharks. Their struggle to survive in a world of hate, violence and prejudice is one of the most innovative, heart-wrenching and relevant musical dramas of our time. **All tickets £17.00 (usual price £31.00)**

***Please remember to make all cheques out to 'Leeds Combined Arts Theatre Group' and send to us at HEART, Bennett Road, Headingley LS6 3HN***

Further details about theatre trips with Opera North and other theatres over the spring will be e-mailed out separately as we do not yet have the details at the time this newsletter went to press.

Please check the web-site for updates [www.leedscombinedarts.org.uk](http://www.leedscombinedarts.org.uk)



**Wednesday 1<sup>st</sup> May 7.30 p.m. 'The House on Cold Hill', Leeds Grand Theatre.** BAFTA-nominated actor and winner of BBC1's *Strictly Come Dancing* 2017, **Joe McFadden** (*Heartbeat*, *Holby City*) and award-winning actress **Rita Simons** who played the iconic Roxy Mitchell in *EastEnders*, are joined by **Charlie Clements** (Bradley in *EastEnders*) and **Persephone Swales-Dawson** (Nico Blake in *Hollyoaks*) in **Peter's** ghostly story of the Harcourt family, who move into the house of the dreams that has been empty for the last forty years. However, their dream home

quickly turns into the stuff of nightmares as they begin to wonder whether they may not be the only residents at Cold Hill. **"The House on Cold Hill"** is a modern-day supernatural thriller that will send shivers down your spine and make you think twice about returning home to a dark, empty house after the show!. All Tickets **£19.00** (normal price **£37.00**).



**Friday 24<sup>th</sup> May 7.30 p.m. 'Be My Baby', Leeds Playhouse.** It's 1964 and The Ronettes and The Dixie Cups are riding high in the charts. 19-year-old Mary is seven months pregnant when her mother delivers her into the charge of St Saviours, a

church run maternity home for young, unmarried women who have made 'one mistake.' As they bond over records and romance, Mary, Dolores, Queenie and Norma begin to understand what it means to give their children to the Welfare Service and Mary realises she must fight to take her baby home. Featuring pop music of the period *Be My Baby* is an incredibly moving story told with warmth and humour and is one of the most widely performed modern, British plays. **All tickets £10.50.**

# MUSIC & DANCE EVENTS

**Saturday 2<sup>nd</sup> March Commencing 7.00 p.m. Salsa Dance Class followed by Live Band Grupo Azucar. HEART, Bennett Road, Headingley. LCA with Headingley Music Festival.**

Following our recent sessions of Salsa Classes, there will be an extra class on Saturday 2<sup>nd</sup> March at 7.00 – 7.50 p.m. for both beginners and those with some experience. Following a short break for refreshments (available in the HEART Café), there will be a live band '**Grupo Azucar**' playing a mixture of New York and Cuban salsa, with a few Afro Cuban jazz number thrown in. Ideal for dancers and sitters-down alike. Entrance is **£8.00 /£6.00** (LCA members and concessions), and includes the Free dance session with our Dance Tutor **Emma Sutton** beforehand.



# MIND BODY SPIRIT WORKSHOPS

*(All take place at The HEART Centre, Bennett Road, Headingley LS6 3HN)*

**Wednesday 27<sup>th</sup> March, 7.45 p.m. 'The Creative Process' with Jenni Noyes .**

Jenni obtained a BSc (Hons) in Mental Health Nursing and subsequently spent 3 years working as a professional in this field. She later went on to explore energy healing practices of the East alongside developing her art and music. The Creative Process was designed by Jenni, out of a motivation to become a conscious creator. Inspired by possible links found in the activity of sub-atomic particles described in Quantum Physics, Ancient Egyptian Mythology, the Indian Chakra system and Carl Jung's collective unconscious, this is an exploration into the fundamental creative process of life. Jenni Noyes is now working as an Artist and Creative Consultant. Entrance £4.00/£3.50 concessions and members of LCA including refreshments.

**Wednesday 24<sup>th</sup> April 7.30 p.m. Gardening with Chris Wray, HEART, Headingley, LS6 3HN.**

Join us this evening for an informative talk on Gardening with Chris Wray on who and what inspired him?. A garden is not just the boundary around your home. What jobs to do in the garden this week & weekend?. The talk will be followed by a Question and Answer session. Entrance, £3.50/£3.00 (members and concessions).

**Wednesday, 22<sup>nd</sup> May 7.45 p.m. 'Who is that pain in your neck?: the Body-Mind Connection, and what you can do about it'. HEART, Headingley, LS6 3HN**

Gerry Andrews, Holistic Massage therapy works with individuals and organisations to help them recognise and overcome the blocks (in their bodies and their minds) that are preventing them living the lives they wish to live and being the people/organisation they wish to be. As a Body-Mind Coach Gerry helps people bring their awareness to the habits and patterns (physical, mental and emotional) in their life that might have been causing the stress and pain in the first place. Using a blend of manual therapies, coaching strategies, movement exercises and energy work, Gerry helps people connect their mental selves to their physical selves so as to be more effective, positive and energised. As well as having various clinics in the area, he sees people in the workplace and at home. To find out more about Gerry and his work go to [www.massagetherapyleeds.com](http://www.massagetherapyleeds.com) Entrance £4.00/£3.50 including refreshments.

# WALKS

**Sunday 24th March 11.30 a.m. LCA Walk around Old Farnley with Rob.**

Join Rob for this 5 mile walk around Old Farnley with Packhorse paths and becksides trails. Meet at the car park in Farnley Hall Park, Hall Lane, Farnley, Leeds, LS12 5HA. Further information will be e-mailed out about the walk nearer the time.

**Sat 27<sup>th</sup> April Walk 11.00 a.m. Walk around Roundhay with Sibylle.**

Join Sibylle for a 4-mile walk around Roundhay Park featuring the Lake and wooded areas. We will finish the Gardens of Tropical World and cafe for a cup of tea. **Meet at the Main Gates at Roundhay Park, Mansion Lane, Leeds LS8 2HH at 11.00 a.m.** Contact Sibylle for further details on 07518 6271209.

**Monday 6<sup>th</sup> May 2.00 p.m., Walk around Follifoot & Spofforth.**

Join Carol for a 5.5 mile walk around Follifoot and Spofforth, with fields, paths and a visit to Spofforth Castle ruins where we will stop for our lunch. (Please bring a packed lunch). There will be an optional drink at the end of the walk in the Radcliffe Arms. We will meet in the Village of Follifoot at the Foot path Sign just opposite the Radcliffe Arms, Follifoot. For further details contact Carol on 07708 230 333.



# OBITUARY

It is with sadness that we have to report the passing of one of our members; David Scales.

We're sure many of you will remember him. He was a supporter and member of LCA for many years attending many of the poetry evenings, and was at one time a regular attendee of our Book Group. He will be remembered for his love of poetry, walking, and the countryside.